

What Makes Us the Best.

We care about your goals and needs and are willing to put you first. We are the only school in the area that offers a dedicated training curriculum to teach important life skills such as goal setting, perseverance, and self-discipline. In fact, by the time you achieve Black Belt, you will have learned 36 life skills.

Our teaching methods are modern and the latest in the industry. We constantly research to provide our students the best curriculum and equipment to help them achieve their goals. We attend the largest martial arts convention in the world to stay current with the best that the industry has to offer. No other school puts this amount of effort to make their students the best.

Our academy is the only one in the area that has a dedicated training program to develop leadership skills. Some schools claim to offer the ability to teach leadership, but have no method or way of accomplishing promise. Our Leadership Team receives weekly lessons on communications skills, and how to avoid the three fears of leadership (fear of change, responsibility, and failure.) How to stand up in front of a group and clearly communicate your goals. Once you see this program, you will wonder why you didn't start earlier.

We are so confident in our program that we would like to extend a **30-DAY FREE TRIAL PROGRAM** to prove how much of a difference we can make in your life.

BOYCE'S MARTIAL ARTS

135 Commonwealth Court
Winchester, VA 22602

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BOYCE'S MARTIAL ARTS

Membership Information

*"Linking Practical Defense with
Personal Development"*



540-869-5900

What Our Students Say About Us!

A Long History

Boyce's Martial Arts has been training people in the Winchester Area for over 15 years. Mr. Boyce, the Senior Chief Instructor, has over 25 years of martial arts and teaching experience. BMA is the oldest martial arts academy in the area with the newest and most modern teaching

techniques and equipment to make your experience the best. We are the only school in the area that owns its facility which means our roots are strong and we are here to stay.



Our arts are a combination of old and new. Ancient techniques taught for use in a modern world. Our instructors have learned from some of the most respected martial artists in the world such as Professor Pedro Sauer (voted best BJJ Instructor in the world), Ajarn Chai Sirisute (the most respected Muay Thai instructor in the world), Guro Dan Inosanto (one of three people certified by Bruce Lee to teach his concepts), and Master Jewell H. Allen (Master of Taekwondo with over 1000 active students).

Training With You In Mind

Our number one goal is to meet your expectations as a martial arts school. We believe the values, life skills, leadership skills and martial arts skills will change your life for the better.

The values and life skills are emphasized in our classroom environment. Our leadership training provides information that will help our youth contribute to our society and provide adults with information that will help them excel in their careers. The martial arts will help you get in shape, develop the mental strength to overcome obstacles in life and give you the gift of self-protection as well as being able to protect your loved ones. Why go to the gym and lift weights when you can come to class, develop cardio-vascular fitness, strength, learn self-defense and have a great time in a team oriented atmosphere.

Which Program Do I Choose

Lil' Dragons is a pre-school martial arts program for ages 4 to 7. Lil' Dragons will learn coordination, how to follow directions, and basic martial arts skills.



Tae Kwon Do is a Korean martial arts that emphasizes kicking and punching. Students will learn forms and basic self-defense.

Mixed Martial Arts combines four different arts; Muay Thai (Kickboxing), Jeet Kune Do (Bruce Lee's concepts), Brazilian Jiu Jitsu (Grappling), and the Filipino Martial Arts (Weaponry)



Gracie Jiu-Jitsu is a grappling martial art and is considered the most effective form of self-defense in the world.

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