

## My Schedule

### Scheduled Classes

Day 1 \_\_\_\_\_ Time \_\_\_\_\_

Day 2 \_\_\_\_\_ Time \_\_\_\_\_

Level **One** Choice \_\_\_\_\_

Days: \_\_\_\_\_ Times: \_\_\_\_\_

Level **One** Choice \_\_\_\_\_

Days: \_\_\_\_\_ Times: \_\_\_\_\_

Level **Two** Choice \_\_\_\_\_

Days: \_\_\_\_\_ Times: \_\_\_\_\_

Level **Two** Choice \_\_\_\_\_

Days: \_\_\_\_\_ Times: \_\_\_\_\_



Boyce's Martial Arts, Inc.

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## Program Benefits

*"Practical Defense,  
Personal  
Development"*

Boyce's Martial Arts,  
Inc.

Tel: 540-869-5900

## What benefits can I take advantage of?

Membership Benefits	Basic	Masters	Leadership	BLACK DRAGONS
2 SCHEDULED CLASSES A WEEK	✓	✓	✓	
UP TO 4 SCHEDULED CLASSES A WEEK			✓	✓
LIFE SKILLS	✓	✓	✓	✓
MAKE UP CLASSES		✓	✓	
BLACK BELT TRAINING		✓	✓	✓
CHOICE OF 1 LEVEL ONE CLASS		✓	✓	
CHOICE OF 2 LEVEL 2 CLASSES			✓	

### Level One Class Descriptions

**Mixed Martial Arts:** A combination of Muay Thai, Brazilian Jiu Jitsu, and Jeet Kune Do. Emphasizes realistic self-defense and physical fitness. Similar to kickboxing.



known for its reliability and effectiveness in self-defense situations.

**Mat Rats:** This is a junior Brazilian Jiu Jitsu program for kids that teaches the same techniques as the adult grappling program, but on a child's level.

**Taekwondo:** A Korean Martial Art that emphasizes tradition, flexibility, coordination and memorization. Major influence of forms training, kicking and punching. Similar to Karate.



### Level Two Class Descriptions

**Leadership:** This class teaches communication skills, organizational skills, how to manage problems and conflicts with others, teaching, and creative thinking.

**Brazilian Jiu Jitsu:** A system that teaches grappling and submission self-defense. Gracie Jiu Jitsu is



**XMA:** Xtreme Martial Arts teaches movie type Martial Arts skills, with acrobatics, weapons training, performance training, and flashy techniques that will get everyone's attention.

**Chanbara:** This is a padded sword class that teaches the ancient techniques of the Samurai and medieval knights. Emphasis on control and accuracy with an excellent workout. Lots of fun and sparring!

### Adding A Class To Your Membership!

**Level One = \$25 a month**  
**Level Two = \$40 a month**



### Black Dragons

This is the next step up from Lil' Dragons. Allows the student to attend more classes and have more flexibility for their schedule. Also allows the student to attend Black Belt Training (a.k.a. Black Dragon Training or BDT).

